



the C3 family...

M A R C H
2 0 1 3



...BUILDING HEALTHY FAMILIES



C3 WELCOMES NEW FAMILY MEMBERS!!

Sherrie Kirk - QP, IHH Team 6
Aina Greene - LPC, C3 OPT



February & March BIRTHDAYS!!

Terelle Coley - February 12
Shana McCain - February 17

**No March birthdays*



MeckLINK Behavioral Healthcare is officially **live as of March 1, 2013!**

What is MeckLINK Behavioral Healthcare?

MeckLINK
BEHAVIORAL HEALTHCARE
Call. Connect. Care.

MeckLINK is the local government agency responsible for managing mental health, intellectual and/or developmental disability and substance abuse services for persons in Mecklenburg County who receive Medicaid or have no insurance. **MeckLINK's** mission is to ensure that individuals are supported to achieve their goals for wellness and independence.



CONGRATULATIONS TO MANDY JO MOLDEHNKE, LPC!

MJ is fully licensed by the NC Board of Licensed Professional Counselors as of March 1, 2013. We are so proud of and happy for you!

UPCOMING TRAINING OPPORTUNITIES

March 5-6: Prevent Child Abuse NC (Raleigh Convention Center)

March 7: Clinical Supervision Skills in Behavioral Health: Ethical/Best Practices (Cross Country Education)

March 8: Taming the Flames: Recognize, Understand and Move Beyond Anger (AHEC)

March 11-12: CFT 201, 202, 203 (AHEC)

March 14: Managing Dangerous Situations (Asheville); PCT (Raleigh)

CONTACT IF YOU ARE INTERESTED!

March 15: Addiction: Disease vs. Choice (McLeod); NC Women's Symposium (Greensboro)

March 15: Understanding & Preventing Youth Self-Injury (UNCC)

March 18: CFT 204, 205 (AHEC)

March 18-19: CBT Therapy with Children and Adolescents (Raleigh)

March 21: Best Treatment for ADHD/Processing Disorders

March 28-29: Motivational Interviewing (Raleigh)

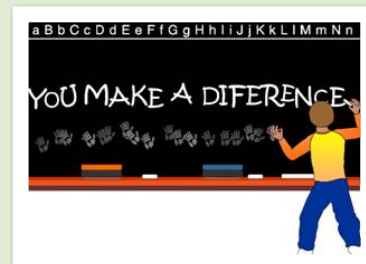
C3 RECOGNIZES ANNUAL STAFF ANNIVERSARIES!!

Janet Turner
02/28/12

Kory Davis
03/01/12

Courtney Jones
03/15/10

Amelia Tate Kiser
03/15/10



Carolina's Creative Counseling, PA



Carolina's Creative Counseling, PA
Policy on Human Rights

It is the policy of Carolina's Creative Counseling, PA to assure basic human rights to each consumer including the right to dignity, privacy, humane care, and freedom from mental and physical abuse, neglect and exploitation.

MeckLINK is designing new **Consumer Rights and Responsibilities Handbooks**, one for adults and one for children. They are inviting you to participate in an art contest using the **Human Rights logo** (as seen above).

The winning entry created by the person(s) under age 18 will be featured on the cover of the **Child Consumer Rights and Responsibilities Handbook**. The winning entry created by the person(s) over the age of 18 will be featured on the cover of the **Adult Consumer Rights and Responsibilities Handbook**. Winning Entries will be on display in MeckLINK Behavioral Healthcare new headquarters later this year.

Entries are due by April 1, 2013. Winners will be announced by May 1, 2013.

ALL STAFF MEETING!!

March 14th, 2013
C3 Office
1:00pm

REMINDER TO TEAM LEADS!!

Personal Outcome Measures and Satisfaction Surveys are due back to Tate no later than 5:00pm Friday, March 15th, 2013.



The Art of Recovery

THE ART OF RECOVERY!

**Thursday,
March 21
UNC Charlotte
Center City**

Join the UNC Charlotte Department of Social Work for **The Art of Recovery**, an event to feature artwork created by individuals who have been diagnosed with mental illness. Brief, interactive videos placed throughout the exhibit will further educate attendees about the stigma associated with mental illness, the power of art as an aspect of their recovery, and other mental health-related issues. Participants will enjoy a reception with light refreshments.

For more information, please visit <http://health.uncc.edu/ArtOfRecovery>.



Tate's Joke
Corner:



Q: What is Irish and stays out on the lawn all summer?

ANSWER:

PADDY O' FURNITURE

REMINDER TO ALL STAFF: Please remember to check your email daily and stop by the office at least once per week!

MARCH IS NATIONAL..

- Irish American Month
- Music in Our Schools Month
- National Craft Month
- National Frozen Food Month
- National Irish American Heritage Month
- National Nutrition Month
- National Peanut Month
- National Women's History Month
- Red Cross Month
- Social Workers Month



Goals of the 1915 (b)/(c) Medicaid Waiver

There are multiple goals for expanding the 1915 (b)/(c) Medicaid Waiver that include:

1. Improve access to MH/DD/SA services
2. Improve quality of MH/DD/SA services
3. Improve outcomes for people receiving MH/DD/SA services
4. Improve access to primary care services for people with MH/DD/SA issues
5. Improve cost benefit of services
6. Empower consumers and families to shape the MH/DD/SA services system through their choices of services and providers
7. Effectively manage all public resources assigned to the MCOs
8. Provide predictable Medicaid costs

C3 is currently accepting referrals for IHHS, SAJOP and OPT.

REMINDER!!!

Progress Notes DUE:
Within 72 hours of contact!

Time sheets DUE:
Mondays 10:00am

DAs DUE:
within 24-48 hours

