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No May birthdays!



C3 family...

...BUILDING HEALTHY FAMILIES

MAY IS NATIONAL MENTAL HEALTH AWARENESS MONTH!

UPCOMING TRAINING OPPORTUNITIES

05/02 - Motivational Interviewing w/Adolescents (AHEC)

05/07 - Ethical Dilemmas with Couples & Families (AHEC)

05/07 - Evidence-Based Treatment for Adolescents w/Disordered Eating

05/09 - Ethics in Clinical Practice (CrossCountry Education)

05/13 - Suicide & Self-Mutilation (Pesi)

05/17 - Eating Disorders & Substance Abuse

05/17 - CABHA Forum: Updates (Benchmarks)

05/17 - Adolescent Substance Abuse

05/20 - Personality Disorders (Pesi)

**Contact Tate if interested!!*

C3 RECOGNIZES
UPCOMING
STAFF
ANNIVERSARIES!!



Reba Brown
05/02/12
Derwin Gray
05/04/12
Maly Por
05/14/12
Aderonke Roberts
05/30/12

**C3 WELCOMES
NEWEST FAMILY
MEMBER!!**

*Lakeisha Grant,
LPC - OPT
Therapist*

SHOUT OUT TO DR. M!!!



Look at
DR. M!!

DHHS Secretary Aldena Was* came to Morganton on Monday afternoon (04.22.13) on a whirlwind "get acquainted" tour of the J. Iverson Riddle Developmental Center and to observe the progress with the construction of the new Broughton Hospital. "The way we do it here is every patient has their own physician," Dr. Steve Mahorney, Riddle director of medical services told the director. "The physician gets their recommendations from the specialists, but it is the physician who in the end writes the orders." She said she was impressed with the center and its staff.

"The compassion, the kindness, the professionalism and the knowledge of the staff was absolutely phenomenal to see," Was said. "So, they do serve as a model for the rest of the state."

Was said looking at how the center is laid out and the respect and care the patients are given was "heartwarming."

Note:* Governor Pat McCrory appointed **Dr. Aldona Zofia Was to serve as Secretary of the North Carolina Department of Health and Human Services (DHHS), effective January 5, 2013.

Carolina's Creative Counseling, PA

REMINDER!!!

Progress Notes DUE:
Within 72 hours of
contact!

Time sheets DUE:
Mondays 10:00am

DAs DUE:
within 24-48 hours



**REMINDER TO
ALL STAFF:** Please
remember to check
your email daily and
stop by the office at
least once per week!



*Tate's Joke
Corner:*

**Q: If April showers bring May flowers,
then what do May flowers bring?**

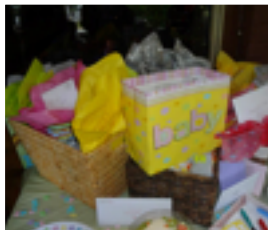
A: Pilgrims!



THE C3 FAMILY WELCOMES BABY JOHANNA MOLDEHNKE!



MJ'S SURPRISE BABY SHOWER WAS A SUCCESS!!
Thank you to the C3 family for your love and support..



May IS NATIONAL..

- Asian/Pacific American Heritage Month
- Better Sleep Month
- Borderline Personality Disorder Month
- Correct Posture Month
- Heal the Children Month
- International Audit Month
- International Victorious Woman Month
- Arthritis Month
- Egg Month
- Family Month
- Foster Care Month
- Hamburger Month
- Mental Health Month
- Revise Your Work Schedule Month
- Smile Month (May 18 to June 17)
- Teen Self-Esteem Month



A Proclamation from the President:

the WHITE HOUSE PRESIDENT BARACK OBAMA

"Mental health problems remain a serious public health concern, but together, our Nation is making progress. This month, I encourage all Americans to advance this important work by raising awareness about mental health and lending strength to all who need it.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2013 as National Mental Health Awareness Month. I call upon citizens, government agencies, organizations, health care providers, and research institutions to raise MH awareness and continue helping Americans live longer, healthier lives."

MENTAL HEALTH AWARENESS MONTH: MAY 1-31, 2013

May 5th - 11th: Children's Mental Health Awareness
WEEK

May 9th - Children's Mental Health Awareness DAY

May 12th - 18th: SAMHSA National Prevention WEEK

***See attached flyer for MeckLINK Behavioral
Healthcare's MH Awareness events for the month of
May!**