



Mental Health Awareness MONTH

May 1-31, 2013

May 5th – 11th – Children's Mental Health Awareness WEEK

May 9th – Children's Mental Health Awareness DAY

May 12-18 – SAMHSA National Prevention WEEK

May 4th –

- YMCA University Kid's Health Fair 10 am- 2 pm
(For those interested in volunteering at the MeckLINK booth please email natasha.gonzalez@mecklenburgcountync.gov)

May 5th - 11th

- Golden Corral will distribute 2,500 fliers at their South Boulevard restaurant

May 8th –

- Duke Energy Center will light up GREEN and Tweet about both Children's Mental Health Awareness Day and MeckLINK.
(Please follow MeckLINK on Twitter [@MeckLINKBH](https://twitter.com/MeckLINKBH) also follow Duke Energy Center [@WellsLightsCLT](https://twitter.com/WellsLightsCLT))
- MeckLINK meets with 6th-8th Graders at Sugar Creek Charter School from 3:30 – 4:30 PM. We will discuss the topic of Drug and Alcohol Prevention – Speaker Derrick Harris CSAPC, Freedom House.
(For more information or if you plan on attending please contact natasha.gonzalez@mecklenburgcountync.gov)

[SAMSHA National Prevention Week](#) "I Choose" Campaign begins at Sugar Creek Charter School. Students will write on a campaign board why or what they choose instead of substances.

May 9th –

- MeckLINK meets with 4th-5th Graders at Sugar Creek Charter School from 3:30 – 4:30 PM. We will discuss the topic of mental health awareness. The children will release green balloons and receive a green ribbon representing their participation and what they learned. (To order green ribbons please visit [National Family Federation](http://www.nationalfamilyfederation.org))
(For more information or if you plan on attending please contact natasha.gonzalez@mecklenburgcountync.gov)

May 14th –

- Project Lift and Parent Voice Resource Fair – Bruns Academy from 5:30 – 8:00 PM
(For more information or if you plan on attending please contact natasha.gonzalez@mecklenburgcountync.gov)
- MeckLINK Clinical Depression presentation at Depression Bipolar Support Alliance 7:00 – 8:30 PM
Speaker Jeff LaForge, LCSW MeckLINK Behavioral Healthcare (For more information or if you plan on attending please contact melissa.marshburn@mecklenburgcountync.gov)

May 15th –

- Prevention of Alcohol Abuse Day - MeckLINK returns to Sugar Creek Charter School to review their "I Choose" campaign wall. (For more information or if you plan on attending please contact natasha.gonzalez@mecklenburgcountync.gov)

May 29th –

- MeckLINK "Lunch and Learn" for Mecklenburg County Departments and Community – Severe & Persistent Mental Illness (SPMI) Presentation Speaker Dr. Elizabeth Peterson-Vita 11:30-1:00 PM (For more information or if you plan on attending please contact melissa.marshburn@mecklenburgcountync.gov)

May 31st -

- Field for Hope –Sunflower Garden planting event to reduce stigma of Depression at Marion Diehl Recreation Center, 2219 Tyvola Road. MeckLINK employees, consumers, advocacy groups invited to participate. MeckLINK will also invite County Managers and Board of County Commissioners to participate as well. Press release will be written to encourage media to attend. See attached flier for more information or <http://www.ifred.org/projects/fieldforhope>